MENTAL ILLNESS AND DIALYSIS CARE PLANNING

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Mental Illness in the Dialysis Clinic

- Depression
- Anxiety
- Dementia
- Personality Disorders
- Psychosis

Impact of Mental Illness

Clinical Care
- Infection Rates
- Nutritional Status
- Mineral Bone Disease
- Adequacy
- Morbidity
- Mortality
- Quality of Life

Clinic Operations
- Patient Complaints
- Patient Grievances
- Staff burnout
- Productivity

Current Strategies for Management

Passive Management
- Do not screen
- “Wait and See”
- Referral

Active Management
- CBT
- ACT
- Symptom Targeted Intervention
- Psychoeducation
- Medication Management
- Co-Treatment
- Self Management Training

Interdisciplinary Management of MI Nurses and PCT’s

- Most frequent contact with patients
- Most likely to feel the impact of mental illness on a day to day basis

- Schedule Changes
- Access Placement and intervention
- Patient behavior/ outbursts
- Outcomes

Depression and its effect on medical outcomes: Caines S E et al. CJASN 2007;2:1332-1342

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### Interdisciplinary Management of MI: Nursing POC Goals

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<thead>
<tr>
<th>Goals</th>
<th>Action Items</th>
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<tbody>
<tr>
<td>Access Goals</td>
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<tr>
<td>Modality Goals</td>
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<tr>
<td>Adequacy Goals</td>
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### Interdisciplinary Management of MI: Dietitians

- Frequently recognize depression/anxiety and refer to the MSW
- Common partners with MSW in addressing symptoms of depression
- Unique role in de-stigmatizing mental illness and the impact on chronic illness
  - Medication Adherence
  - Fluid/Diet Adherence
  - Reports of decrease in physical activity

### Interdisciplinary Management of MI: Social Work

- Trained in Mental Health Assessment/Intervention
- Informed Consent and Mental Health Treatment
- Uniquely qualified to address impact of mental illness in dialysis

**SYSTEMS THEORY**

### Interdisciplinary Management of MI: Dietitian POC Goals

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<td>Mineral Bone Disease</td>
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### Interdisciplinary Management of MI: Social Work POC Goals

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<td>Disease Management</td>
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<td>Rehabilitation</td>
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### Further Examples

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Further Examples

- Action Plans

Mental Illness and QAPI

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Mental Illness and QAPI

Action Plans

Goals
- Action Items
- Infection Control
- Patient Complaints

Patient Complaints
- Action Items
- Infection Control
- Patient Complaints

Conclusion

- “Dialysis is life saving and life changing” Beth Witten
- “…Between 60%-75% of patients on dialysis are not depressed. Depression is not a “normal” condition for dialysis patients.” Megan Prescott

References

- Action Items
- Infection Control
- Patient Complaints

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